



Points of Interest

- Honoring our military
- Summertime tips
- Calendar of Events
- Meet the Student Mentors
- Out-of-State Student Section: What to know about Colorado
- Safety
- Student Activities
- Discounts
 - * restaurants
 - * hotels
- Special Announcements

Military-Veteran Recognition *Jeremy Visbal*

Ecotech Institute is proud of our many military students that have honorably served our country in all branches. To extend our gratitude to those who have gone above and beyond the call of duty, we will be honoring a military student each quarter. This quarter we recognize Jeremy Visbal, a 5th term student at Ecotech, enrolled in the Electrical Engineering Technology program. Visbal began serving in the Army Reserves at 17 years old and continued to serve from 1997-2003. In 2003, he went Active Duty and served in Afghanistan from 2004-2005 as a Combat Engineer. Visbal was involved in numerous combat and route clearing missions. He was a part of the Security Protection platoon for

the first free political election after the fall of the Taliban government. After serving time in Afghanistan, Visbal spent the remainder of his career stationed in Hawaii. It was during this time, that Visbal developed chronic asthma and as a result was medically retired from the military in 2009. Visbal's goal was to make serving in the military a life-long career, but his medical condition forced him to consider alternatives. It was at this time that Visbal began exploring various options for utilizing the GI bill. Coming across information on Ecotech Institute, he saw the opportunity to continue to serve and protect both his country and family in a different capacity. Visbal continues to make great strides as an Ecotech student and is on track to becoming a member of Ecotech Institute's

inaugural graduating class in July 2012. Visbal has a wife, Robin and two children, Hailey, 5, and Jeremy Jr., 3. While not at work or school, he enjoys time with his family, fish-



ing and riding his motorcycle. On behalf of the Ecotech staff, we recognize and extend thanks to Jeremy Visbal for being a leader and example to the students, community and country.



Editor Kim Stromire

Co-Editor Andrea Boone

2011 SUMMER QUARTER CALENDAR

July

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

August

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Summer Quarter 2011

- June 29- **Term 3 Class Start**
- June 29-July 6 Drop/Add
- July 11-12 Student Assembly
- July 13-14 Scholarship workshops
- August 3-4 Student Resource Days
- August 26 Last Day to drop WP
- September 5 Labor Day NO CLASS
- September 13-14..... Final Exams
- September 15-30..... Term Break (no school)
- October 3 **Term 4 Class Start**



Summertime Blues: Keeping your Head in the Game

The sun is shining, not a cloud in the sky and baseball is in 'full swing' at Coors Field. Colorado summers offer up ideal weather; perfect for grilling, camping, boating...and *school!* Bananarama had it right... 'Cruel Summer' indeed.

The realization that summer is simply a season and no longer a synonym for vacation may not put the 'cherry on your sundae,' but it is something to acknowledge and mentally prepare for.

Staying motivated during this time can be tough and

it can occasionally feel like perfect attendance and keeping on top of your studies will require a feat of superhuman strength. This is not the case, but it is going to call for a fair amount of self discipline...groan.

With that in mind, here is a list of quick tips you can utilize for the remainder of the quarter that may help to get both you, and your GPA, through to October relatively unscathed:

1. Utilize extended library hours between, before or after class

times to get a jump start on assignments.

2. Think back to the initial conversation you had with your Admissions Associate and don't lose sight of what you wanted to accomplish and your career goals.
3. Communicate with your instructors regarding any issues that may arise and conflict with class.
4. Your mother knew what she was talking about— getting enough sleep, eating right and exercising

are key elements to maintaining high energy and low stress levels.

We get it— hiking, biking, camping, concerts, carnivals, rafting, dirt biking, 4wheeling, fishing, climbing, jet skiing, happy 'houring'...

The Rocky Mountain summer presents us with one big playground full of options and if nothing above helps ease the pain, you can always revert back to the tried-and-true rules of youth: *'You can go out and play as soon as you've finished your homework.'* ■

Ecotech Student Mentor Committee



As the Ecotech Institute student population continues to grow, we have established a new committee of current students that have the desire to help incoming students get acclimated to both the school and to the outside community.

This committee is also responsible for serving as a support system to more established students. Students seek-



Renee Ludwig, Dan Austin, Scott Bracken, Mike Streight, Larry Smith, Barb Soto. (not pictured, Joe Compo)

ing study group opportunities and other forms of academic support can speak with a mentor.

Welcome: Renee Ludwig, Dan Austin, Mike Streight, Scott Bracken, Monica Soto, Larry Smith and Joe Compo; *The 2011 Ecotech Student Mentor Committee.*

Interested students should contact Kim Stromire in Student Services. ■



Survival Tips: New to Colorado? Read On...

Recently, our student population has grown to include students coming to study renewable energy from Florida to Washington. For those of us who've called Colorado home, the following information may seem like a no-brainer, but for our non-native counterparts there are some important differences to take notice of.

Denver isn't called the

'Mile High City' for nothing...we're a mile above sea level folks! That means sunscreen becomes a very basic necessity. Even on cloudier days, no sun block can ruin an otherwise pleasant day.

Another thing to watch out for is altitude sickness. Altitude sickness 'is the result of the body's adjustment to the rapid change in altitude and increased effort to get enough oxygen from the thin air.' Be

sure to drink plenty of water and stay hydrated. For your first several weeks, avoid caffeine and alcohol. Your body will work to generate more red blood cells in order to deal with the thinner air— this process can take up to 6 weeks.

To help orient you while exploring the front range area, just remember that the mountains are located due West. You really can't miss them.

Also of note, we have four seasons, including the snowy one. Winters are relatively mild but it should come as no surprise that you will need warmer clothing at some point.

Last but certainly not least, *Rocky Mountain Oysters* are NOT shellfish! Don't say we didn't warn you.

On behalf of staff and students, welcome to Ecotech and welcome to Colorado! ■

Scholarship Information

Scholarship workshops will be conducted quarterly for Ecotech Students. Workshops include:

1. Do's and Don'ts when researching and applying for scholarships
2. Conducting research
3. Organizational Tips
4. Narrowing your search
5. Tips for building your resume

6. Effective essay writing and best practices
7. How to complete the application
8. Create your account on FastWeb

Scholarship workshops

Please see **Kim Stromire** or your financial planning officer for the next workshop dates in **September**

Campus Safety

Please remember to have your id badges on you and visible at all times while on campus. If you see someone without an id badge, contact the campus safety officers. If you are bringing guests to the campus, it is required for them to check in at the front desk. In the case of an emergency,

Ecotech is held accountable for everyone in the building. Please keep these rules as standard practices for your safety and for others. ■



Perfect Attendance Contest Winners!



In recognition of perfect attendance, Ecotech students participated in the quarterly prize drawing.

Each week students receive tickets for the quarterly drawing and a chance to win. This time around students played for an Xbox 360. A big congratulations to Vince Breyer, Mark Dewald and Alfredo Leyva for perfect attendance and for taking home the grand prize!

We encourage students to recognize that attendance is a big part of being successful in class. Receive your tickets in the business office with Diana Graham for this quarter's drawing of the Sony Cybershot cameras. Good luck to all!



Student Appreciation Day



A big 'THANK YOU' to all Ecotech students who helped to make our first Student Appreciation Day a success!

You are the reason Ecotech is one of a kind! Students and staff enjoyed food, drinks, sun and games.

Congratulations to raffle prize winners!



Student Services Job Seekers List

If you are a student currently searching for part-time employment, come by Student Services and request to be added to the *'Ecotech Student Job Seekers List.'* On a weekly basis, an email alert of current jobs available in the areas of : office/admin, general labor/construction, restaurant, sales and misc will be sent out to interested students. When you no longer wish to receive job alerts, simply reply back to the email that you'd like to be removed.

Stop by Student Services or send a request via email that you'd like to receive job alerts attn: Kim Stromire or Andrea Boone.

Kimberly.Stromire@ecotechinstitute.com

Andrea.Boone@ecotechinstitute.com



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and Mississippi.

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Announcements

- **Congratulations to Admissions Associate Tony Fritcher for graduating with his Masters of Business Administration on June 26 from the Keller Graduate School of Management.**
- **Another congratulations to Financial Planner Andrea Lane, now in celebrating her marriage to Ben Martell in June.**
- **Monday, July 18th and Tuesday, July 19th GCA On-Campus Hiring Event from 2:00-6:00 pm**
- **Mark your calendars for August 2 and 3, Student Resource Days.**
- **Stop by Student Services to grab a FREE 2011 American Wind Energy Association (AWEA) calendar. *limited supply**